## **MAKE A PLAN!**

It is important for students to start early to plan for life after high school. To support students in planning for their future, engage them in the 4 E's—EXPOSE, EXPLORE, EXPERIMENT, EXECUTE—to encourage them in exploring their interests and career options, and developing a plan to achieve their goals:



EXPOSE

**EXPOSE** your student to a wide range of potential careers and options available.

Activities can include a workplace visit or attending a college or career fair.



Help your student **EXPLORE** careers and post-high school options they're interested in and encourage them to learn more about them.

Activities can include interviewing someone who works in a career that interests your student, volunteering with a particular group, or visiting a college campus.



Encourage your student to **EXPERIMENT** with different skill sets and interests to discover what they like.

Activities can include shadowing someone at work, joining a career-focused club, or participating in an internship.



Help your student **EXECUTE** the plan they have made.

Activities can include applying to college, filling out the FAFSA, creating a résumé, or applying for jobs.

